

PLAGE DU LARVOTTO
AVENUE PRINCESSE GRACE, 98000 MONACO

Caffè
LA ROSE DES VENTS

SWEET BITES

MATCHA WAFFLE <i>Fluffy waffle infused with Japanese matcha, served with fresh cream & red fruits</i>	14
PANCAKE PROTEICO <i>Protein pancake with red fruits and maple sirup</i>	14
YOGURT GRECO <i>Greek yoghurt with granola, honey and red fruits</i>	16
AÇAÍ BOWL <i>With almond milk, honey, banana, red berries and granola</i>	16
PANE INTEGRALE CON BURRO E MARMELLATA <i>Whole wheat bread with butter and jam</i>	8
CROISSANT FRANCESE <i>Empty French Croissant</i>	2.5
BRIOCHE ITALIANA <i>Empty Italian Brioche</i>	2.5
BRIOCHE RIPIENA <i>Apricot - Cream - Chocolate - Pistachio</i>	3
PAIN AU CHOCOLAT <i>Pain au Chocolat</i>	3
SASHIMI FRUTTA <i>Fresh fruit sashimi</i>	16.5

Gluten-Free Cakes

MATCHA CAKE <i>Matcha and white chocolate or raspberries</i>	10
CARROT CAKE <i>Grated carrots, walnuts, and spices</i>	10
BANANA BREAD <i>Gluten-free banana bread with almond flour and a hint of cinnamon</i>	10

*From morning coffee to
evening bites, an all-day
escape by the sea.
A mindful approach to
flavour — where taste
meets pleasure.*

DESSERTS

FETTA DI TORTA DELLA CASA

14

Selection of our homemade cakes - by the slice

"Crunch Flavour Seeds"

Personalizza il tuo piatto con una selezione di semi nutrienti:

CHIA | LINO | ZUCCA | GIRASOLE | SESAMO

*Un modo semplice per arricchire ogni
boccone con sapore e salute!*

Personalise your dish with a selection of nutritious seeds:

CHIA | FLAX | PUMPKIN | SUNFLOWER | SESAME

*A simple way to add extra texture, flavour,
and a healthy boost to your plate!*

SALTY BITES

TRAMEZZINO INTEGRALE CON POLLO E AVOCADO

10

Whole wheat bread with grilled chicken and avocado

CROISSANT SALATO CON TACCHINO E FORMAGGIO

10

Salty croissant with turkey ham and cheese

TOSTINO CON PROSCIUTTO COTTO E FORMAGGIO

8

Bread with melted cheese & cured ham

PANE AI CEREALI CON SALMONE AFFUMICATO E CREAM CHEESE

12

*Multigrain bread topped with smoked salmon and
cream cheese*

AVOCADO SU PANE TOSTATO

19

Avocado toast

With optional addition :

- Poached Egg 2€
- Smoked Salmon 5€

EGGS

UOVA ALLA BENEDETTINA

21

*Brown bread, kale, bacon, poached egg and Béarnaise
sauce*

OMELETTE BIANCA

18

White omelette

OMELETTE AL NATURALE

18

Plain omelette

UOVA STRAPAZZATE

18

Plain scrambled eggs

SALADS

INSALATA QUINOA CON VERDURE E AVOCADO	23
<i>Quinoa salad with seasonal vegetables and avocado</i>	
INSALATA GRECA	22
<i>Belgian and red endives, black olives, feta cheese, cherry tomatoes, cucumber and caramelised pecan nuts</i>	
CAESAR SALAD	25
<i>Romaine lettuce, grilled chicken, hard-boiled egg, bacon, parmesan and anchovies</i>	
CAESAR KALE SALAD	25
<i>Kale, grilled chicken, hard-boiled egg, bacon, parmesan and anchovies</i>	
SALMON KALE	28
<i>Kale, grilled salmon, caesar dressing and pomegranate</i>	

Poke Bowl

A base di:
Riso venere, avocado, edamame, carote, alga wakame, cetriolo

TONNO	24
<i>Diced red tuna marinated in sesame</i>	
SALMONE	24
<i>Fresh salmon marinated in lime and soya</i>	
POLLO	20
<i>Grilled teriyaki chicken</i>	
TOFU	20
<i>Marinated tofu</i>	

Hamburger Selection

A base di :
Pomodoro, lattuga, cheddar

BUN NERO	24
<i>Charcoal bun with Beef</i>	
BUN ROSSO	20
<i>Tomato bun with Chicken</i>	

SIDES

VERDURE GRIGLiate INSALATA	8
<i>Grilled vegetables, green salad</i>	

SPECIALS

CLUB SANDWICH CON TACCHINO	24
<i>Turkey ham, bacon, lettuce, tomato, boiled-egg, mayonnaise</i>	
BAGEL AL SALMONE AFFUMICATO	22
<i>Bagel, cream cheese, smoked salmon, red onion, capers, dill, lemon zest</i>	
PAILLARD DI POLLO CON INSALATA MISTA	24
<i>Chicken Paillard with mixed salad</i>	